# **Megan Rowe**

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**ABOUT**: Megan is a Social Media Strategist and all around tech lover with 3 years of experience in social media management and design and 5 years of experience working with non-profits. Her guiding principle is authenticity and is driven by her purpose to uplift the businesses that she works with.

### WORK EXPERIENCE

#### What's Good

Freelance Product Designer

- Developed a cohesive visual identity that reflected the company's mission and target audience which included creating the logo, brand and brand guide.
- Designed web and mobile interfaces for a socialized platform to keep track of and crowdsource top activities in St. Petersburg, FL.
- Strong understanding of user research principles and techniques for UX design, including conducting UX interviews, usability testing, and heuristic evaluations

#### **Brave Creative**

Creative Content Lead

- Created, executed, and oversaw over 140+ posts, stories, and reels each month for 11 brands while demonstrating a strong understanding of the client's brands and earned their trust, resulting in positive, long-term client relationships
- Demonstrated a strong performance by increasing key performance indicators (e.g. reach, likes, engagement) by an average of 600% within the first month of working with a client.
- Attracted new clients through a high-quality reputation which supported the growth and onboarding of 6 new employees.
- Conducted analysis and created reports of past marketing initiatives to identify areas of improvement

#### Yaupon Tea Co.

Co-Founder, COO

- Co-founded a tea company utilizing the U.S.'s only native source of caffeine and currently creating a methodology to measure and monetize positive environmental impact and a carbon accounting system to sell environmental credits on the Regen Network blockchain based marketplace.
- Manage all media and educational materials including social media, SEO materials, podcast interviews, blog posts, community messaging, powerpoints, presentation frameworks, and stakeholder reports.
- Built strong community connections both locally and internationally with universities, blockchain technology start ups, environmental organizations, non-profits, and researchers, media outlets.
- Standardized, simplified, and rationalized project organization and reporting to improve efficiency.

# The Livingwell Institute

Communications Manager and Care Provider

- Spearheaded social media presence; planned social media and produced weekly educational videos and promotional videos; Created long-term resources for clients to use on their wellness journey
- Researched and created foundations for nature-based programs for clients that was used to justify funding from the state

#### **The Full Belly Project**

Environmental Innovation Reserach Intern

- Created research survey and collaborated with a local Zambian farmers association to tailor questions of the survey to capture the full picture of the aflatoxin issue
- Managed collected data, expense reports and daily operations of Non-profit while the Executive Director and Founder were in Africa for 6 weeks conducting the research outlined in my survey.

# St. Petersburg, FL (Remote)

Nov 2022 - Present

#### Wilmington, NC Jan 2021-Nov 2022

Wilmington, NC Dec 2020-Present

# Hershev, PA

# June-Nov 2020

#### Wilmington, NC

June 2018 - May 2020

• Published work based on the research collected in Zambia which details the significance of the problem through a qualitative and quantitative data analysis of aflatoxin on ground nuts in Africa.

# **EDUCATION**

University of North Carolina Wilmington	Wilmington, NC
B.S. Public Health (International + environmental concentrations) B.A. International Studies	2020
Minor: Non-profit Management and Leadership	2020

- GPA: 3.61
- Relevant Coursework: Foundations of Environmental Health, Public Administration, Non-profit Leadership, Intro to Environmental Science, Health Ethics Policy and Law, Statistics, Research Methods in Public Health, Evaluation Methods, Epidemiology, Health Promotion and Education
- Organizations: Eta Sigma Gamma Public Health Honor Society, Global Health and Policy Association,

# LEADERSHIP EXPERIENCE

# Hershey Medical Center & Susquehanna Area Mountain Biking Association (SAMBA)PAVolunteerJune 2020-October 2020

• Facilitated an Economic Impact Study on 12 miles of multiuse trails to incorporate in Hershey Medical Center's end-of-year wellness report and for SAMBA to procure \$35,000 in grant funding.

#### **UNCW Office of Sustainability**

Independent Researcher

- Worked with public and private partners to innovate a cost effective solution for Wilmington's contaminated water crisis using mycoremediation to address the PFA's in the water from DuPont.
- Ran successful experiments using oyster mushrooms and hemp to breakdown and bioaccumulate stubborn contaminants.

#### **Bali Animal Welfare Association**

Growth and Development Intern

- Researched and organized grant funding resources after performing a financial needs assessment.
- Developed grant application materials that lead to 30% of the yearly goal being met in 2 months.

# **UNCW Office of Sustainability**

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#### **Club Fieldhockey Team**

Vice President

- Grew the team 3x the size while leading recruitment efforts and practices.
- Mentored junior team members and connected them to academic resources and internships.
- Succesfully established a framework and bylaws to ensure the longevity of the club.

# The Office of International Affairs

Study Abroad Ambassador

- Awarded a scholarship to study in London, Paris, and Cape Town. Classes emphasized global health and sustainability.
- Lead informational sessions, sat on panels, and mentored students interested in studying in each region.

#### SKILLS

**Skills:** Microsoft Suite, Google Workspace, Figma, Asana, Adobe Creative Cloud, Canva, Social Media Platforms for content creation, Social Media Planning Tools (Sprout, Hootsuite, Meta), AI tools.

# Ubud, Indonesia

Wilmington, NC Nov 2019-May 2020

# June 2019-August 2019

#### Wilmington, NC

Nov 2019-May 2020

# 1.

Wilmington, NC

Aug 2019-May 2020

# Wilmington, NC

Aug 2018-May 2020